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ALGERIA OUTFOXES SOUTH KOREA 4-2, BELGIUM BEATS RUSSIA 1-0 WITH COUNTERATTACK LATE IN THE GAME AND PORTUGAL DRAWS U.S. 2-2 WITH HEADER IN THE FINAL SECONDS PAGE 20

Affluent areas likelier to have after-hours child care

Full-day kindergarten has failed to improve access to programs, group says PAGE 3

Justice staff take the bait on phoney phishing test

Nearly 2,000 public servants fall for Internet scam hook, line and sinker PAGE 7

Nothin' Haze-y about this rap Angel's sex life

Detroit Troubled Child talks sexuality and social media; Use Metro AR to listen to her stripper-inspired song PAGE 11

NEWS WORTH SHARING.

'Why have sex when you can have cake?'

Asexual revolution. World Pride to host international conference for those attracted to no one

As communities converge in Toronto this week for World Pride, thousands will march on rainbow-lined streets for the right to be attracted to whomever they want.

But one group will march for a different kind of right: Not to be attracted to anyone at all.

Brandishing posters that read "A-SEXY" and ask "Why have sex when you can have cake?" the asexual community will make its biggest appearance yet at Toronto's World Pride with the International Asexuality Conference on June 28.

AVEN

The asexual movement has been growing since David Jay founded the Asexuality Visibility and Education Network, AVEN, in San Francisco in 2001. Now, AVEN boasts some 80,000 online community members from around the world.

Despite its growing visibility, asexuality is sometimes called "the invisible orientation." Some researchers suggest asexuals — people who do not experience sexual attraction — make up about 1 per cent of people, a small group that has faced resistance from some in the broader LGBTTQ world since coming out in recent pride parades.

After founding Ace Toronto in 2010, the city's sole organization for asexual people, CJ Chasin, 30, marched in Toronto Pride with the first group of asexuals ever to officially walk openly in Toronto.

"A lot of people watching the parade — and in the parade — told us we should go see a doctor," Chasin recalled.

Research shows that as many as 1 per cent of people identify somewhere on the asexual spectrum, which is divided into sexual and romantic orientations like "biromantic" and "heteroromantic." Many in the asexual community define their close relationships in romantic terms instead of sexual ones. **TORSTAR NEWS SERVICE**

BACKFLIP BLAST

Aaron Gould competes at the world debut of the Flyboard North American Championships at Harbour Square Park in Toronto on Sunday. Best described as a pair of hydro-powered hover boots hooked to a revving Jet Ski by about five storeys of thrust-conducting rubber hose, the flyboard championships drew jurors and thrill-seekers from all wet corners of the globe. MARTA IWANEK/TORSTAR NEWS SERVICE

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After-hours child care likelier in rich areas: Report

Findings. Introduction of full-day kindergarten hasn't improved access to programs, says People for Education

Quoted

"Even principals say that it's often too expensive, and that's their worry."

Annie Kidder, People for Education, on before- and after-school child care

Schools with full-day kindergarten are no more likely to offer before- and after-school child care than those that don't have it, despite it being a key part of the original plan for Ontario's youngest students, says a new report by People for Education.

And schools that do have after-hours care are more likely to be in affluent neighbourhoods, the advocacy group found in its annual survey.

"What we are seeing is that the implementation of the stuff around full-day kindergarten has been a problem from the beginning," said executive director Annie Kidder.

"Initially, the idea was to have extended, seamless day programs. Schools would offer the child care and it would be available to everybody ... It's still a struggle for schools in terms of offering it, but it is also a problem because of the cost."

People for Education, in its survey of principals at 1,349 schools across the province, found that at 77 per cent of schools where family incomes are high, before- and after-school care is available, compared with 52 per cent of schools with low family incomes.

The cost for the care runs roughly $100 to $150 a week.

"Even principals say that it's often too expensive, and that's their worry," added Kidder. "It's worrying in that it isn't there in all schools, and more worrying that you can see the relationship between family income and whether or not it is available."

Parents in more affluent neighbourhoods are also typically more active in pushing schools to offer care, said Andrea Calver of the Ontario Coalition for Better Child Care.

"I believe that organizing months before you ever have the program is what makes the more affluent schools far more likely to have the extended day," she said.

Schools put out surveys early in the year and need at least 20 families to express interest. Most schools rely on outside child-care operators. TORSTAR NEWS SERVICE

OneRepublic a crowd pleaser

OneRepublic frontman Ryan Tedder, right, and cello player Brent Kutzle roused fans at the Molson Canadian Amphitheatre with the band's signature big melodies and inspirational lyrics on Sunday as part of the Native Summer Tour. The sold-out crowd broke out into singalongs on a number of tracks, especially for major chart-toppers like If I Lose Myself and Counting Stars. TOM PANDI/FOR METRO

Motion

Music library may be in city's future

With hundreds of thousands of archival recordings and millions of pages of notated scores, the Toronto Public Library's music collection should sing volumes about this city. Instead, it sings like a caged bird.

That's according to Michael Foderick, chair of the Toronto Public Library Board and author of a motion that last year directed staff to report back on the viability of creating a Toronto Music Library to house the bulk of the library's music-related collections and programming.

The motion asked library staff to explore the possibility of centralizing and promoting the library's audio, video and written music collections, including music-related literature, under one roof.

"I think we can safely say we're going to move forward with this idea in one form or another," Foderick told Torstar News Service. "Whether it's a revitalized portion of the Toronto Reference Library, whether it is a stand-alone music library, no options are off the table."

But library staff are not ready to sing the plan's praises just yet, citing better ways to free the songbird from its cage in the digital age.

When library staff deliver their report Monday, they will oppose plans for a dedicated space for the library's music collection, and recommend that community branches retain their own music-related holdings. TORSTAR NEWS SERVICE

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Planning the gentrification of Scarborough

Movin' on up?

City council aims to revitalize the moribund McCowan precinct

Standing atop an elevated park, looking out at condos, stretches of green space and retail shops, a piece of Scarborough could one day fool you for a stretch of Manhattan.

If all goes to plan, the council-approved vision for McCowan precinct — now a swath of vacant lots, commercial warehouses and office complexes just south of Highway 401 — will create a beautified gateway to Scarborough and be a draw for much-needed development in the area.

It's the kind of urban oasis that has been spawned by the promise of a subway that would spur development and connect the community anew to the downtown core.

Quoted

"This is really about taking a place that doesn't have a strong sense of identity and creating a really strong sense of identity by giving it a character."

Jennifer Keesmaat, city's chief planner

As part of the plan — which acts as a blueprint for all future development and took three years to get final approval at council last week — there is a new school, five-acre park with sports field, hundreds of condo units, bike lanes and a new streetscape that caters to pedestrian and cycling traffic in the works.

Coun. Glenn De Baeremaeker said the growth in his community is just beginning, having lagged behind the downtown core and North York.

But with the downtown core and closer suburbs reaching a "saturation point" and the promise of a Scarborough subway 10 years in the making, he said the turning point is now.

There are already some 4,200 units planned in all of Scarborough Centre, with applications for 2,300 more units on the go. In the McCowan precinct — an area the size of the downtown core bordered by Highway 401 and Ellesmere to the north and south and Bellway North and McCowan to the east and west — there are 1,600 approved units and 1,500 more units at the application stage. With the number of residents in central Scarborough set to grow by 10,000 in the next decade, De Baeremaeker said there is an opportunity to recreate a new "urban village."

TORSTAR NEWS SERVICE

Metro bats big at wicket

Metro is *almost* the champion

Metro's President and Publisher Bill McDonald, right, is congratulated by Team Metro's Anthony Ramkissoon at the 10th annual CIMA Mayor's Cricket competition in Sunnybrook Park on Saturday. McDonald captained the Metro team against TTC's team and scored 21 runs in the match. Led by its CEO Andy Byford, the TTC went on to win the trophy.

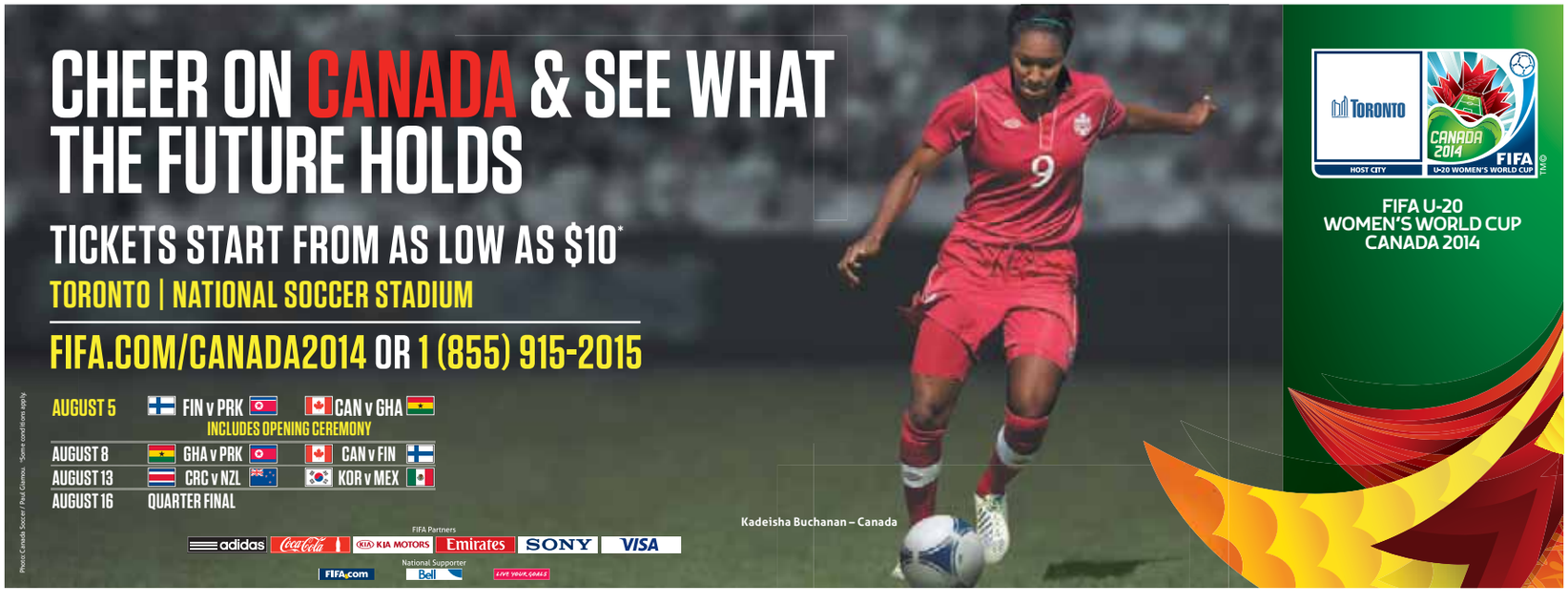
Putting on their game faces

Mayoral candidate Karen Stintz and Coun. Doug Ford, with mayoral candidate David Soknacki in the background.

Striking their game poses

Mayoral candidates Olivia Chow, from left, John Tory and Sarah Thomson were also at the event.

ALL PHOTOS: DELAN PERERA/FOR METRO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Pro-Russian fighters stand in line to write their signatures under the text of the oath of allegiance to the self-proclaimed Donetsk People's Republic, on Lenin square in the city of Donetsk, eastern Ukraine, on Sunday.
DMITRY LOVETSKY/THE ASSOCIATED PRESS

Putin calling for compromise

Ukraine. Moscow has rebuffed appeals of separatists in the east to join Russia

Russian President Vladimir Putin publicly expressed support Sunday for Ukraine's declaration of a cease-fire in its battle against pro-Russian separatists and called on both sides to negotiate a compromise.

Putin said such a compromise must guarantee the rights of the Russian-speaking residents of eastern Ukraine, who must feel like they are "an integral part" of their own country. Putin's statement appeared to signal that he sees their future in Ukraine.

Separatists in the eastern Donetsk and Luhansk regions have declared independence and asked to join Russia. Moscow has rebuffed their appeals, but is seen by Ukraine and the West as actively supporting the insurgency. Putin's conciliatory words came as Russia began large-scale military exercises and after NATO accused Russia of moving troops back toward the Ukrainian border.

Putin appears determined to keep up the pressure to force the Kyiv government to give the eastern industrial regions more power and to prevent Ukraine from moving too close to the European Union or NATO. But he also wants to avoid more punishing sanctions from the U.S. and particularly from the E.U., whose leaders will meet Friday in Brussels, and therefore needs to be seen as co-operating with efforts to de-escalate the conflict.

The Kremlin initially dismissed the peace plan that Ukrainian President Petro Poroshenko laid out on Friday. But in a statement issued late Saturday, Putin said he welcomed the cease-fire and Poroshenko's "intention to take other concrete steps to reach a peaceful settlement."

THE ASSOCIATED PRESS

Orwellian conduct?

Thai police detain protester reading Orwell

Police in Thailand arrested eight people Sunday for demonstrating against the nation's military junta, including a man who was dragged away for reading a copy of George Orwell's Nineteen Eighty-Four during a staged silent reading outside one of Bangkok's most luxurious shopping malls.

The arrest was the first known case of anyone being detained for reading as a form of protest since the military seized power last month. THE ASSOCIATED PRESS

Albuquerque. Protesters put police chief 'on trial' over 40 recent shootings

Demonstrators advocating for drastic changes within a police agency criticized by the U.S. Justice Department over its use of force put the embattled police chief "on trial" during a rally Saturday.

Hundreds of protesters, including some who brought children, marched from Roosevelt Park with signs and a makeshift coffin inscribed with the names of people killed by Albuquerque officers in recent years.

The Police Department is under scrutiny for over 40 police shootings — 26 of them fatal — since 2010, and the Justice Department has issued a harsh report over the agency's use of force.

The protesters marched peacefully Saturday before returning to the park to continue the rally.

The mock trial outlined how police Chief Gorden Eden has failed to stop his officers from using excessive force, said David Correia, one of the protest's organizers.

"He has to answer to these charges," Correia said. "They'll all be read before the public."

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Quebec helicopter fugitives caught in posh Montreal waterfront condo

'We've got all three.'
Police say more arrests likely as investigation looks into possible outside accomplices

An apartment is shown Sunday in Montreal, where three prison escapees were captured earlier in the day. Police say they will likely make further arrests in the case. GRAHAM HUGHES/THE CANADIAN PRESS

These images provided by Interpol show, from left, Yves Denis, 35, Serge Pomerleau, 49, and Denis Lefebvre, 53. The three inmates, who escaped a jail near Quebec City by helicopter on June 7, were arrested Sunday at a condo in Montreal. INTERPOL/THE ASSOCIATED PRESS

The three men who police say escaped from a Quebec City-area jail by helicopter two weeks ago were captured in the early morning hours on Sunday in an upscale Montreal condo.

Quebec provincial police say investigators, accompanied by SWAT team members, arrested Yves Denis, 35, Denis Lefebvre, 53, and Serge Pomerleau, 49, at around 1:30 a.m. inside the residence.

Sgt. Audrey-Anne Bilodeau said the investigation was ongoing and further arrests were likely.

"It could be a person who helped them escape from prison, or a person who helped them hide from us," Bilodeau said.

The trio were facing charges, including gangsterism and murder, before the June 7 jailbreak.

They were to appear in a Quebec City court on Monday to face fresh charges, but police didn't spell out what the new charges would be.

A woman who lives in the building where the arrests took place said she watched from her balcony as the men were escorted in handcuffs into a police van.

France, who gave only her first name, had recently returned from a tango class when she heard a commotion.

"I knew something important was happening," she said. "I saw a police car arrive, then another, and then another ... And then I heard someone say, 'No, it's not a joke. We've got all three.'"

The condo was part of a ritzy new development in Old Montreal featuring a fountain courtyard, just steps from the historic waterfront.

THE CANADIAN PRESS

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Mock phishing test hooks nearly 2,000 Justice staff

Security exercise. No confidential info at risk, but poor result raises red flags about public servants' online habits

Many of the Justice Department's finest legal minds are falling prey to a garden-variety Internet scam.

An internal survey shows almost 2,000 staff were conned into clicking on a phoney "phishing" link in their email, raising questions about the security of sensitive information.

The department launched the mock scam in December as a security exercise, sending emails to 5,000 employees to test their ability to recognize cyberfraud.

The emails looked like genuine communications from government or financial institutions, and contained a link to a fake website that was also made to look like the real thing.

Net result

1,850

The mock exercise caught 1,850 employees, or 37 per cent of those who received the phoney emails — much more than the estimated five per cent of the general public who get fooled by similar scams.

Across the globe, an estimated 156 million of these so-called "phishing" emails are sent daily, and anyone duped into clicking on the embedded web link risks transferring confidential information — such as online banking passwords — to criminals.

The Justice Department's mock exercise caught 1,850 people clicking on the phoney embedded links, or 37 per cent of everyone who received the emails.

That's a much higher rate than for the general population, which a federal website says is only about five per cent.

The exercise did not put any confidential information at risk, but the poor results raise red flags about public servants being caught by actual phishing emails.

A spokeswoman says "no privacy breaches have been reported" from any real phishing scams at Justice Canada.

Carole Saindon also said that two more waves of mock emails in February and April show improved results, with clicking rates falling by half.

"This is an awareness campaign designed to inform and educate employees on issues surrounding cybersecurity to protect the integrity of the department's information systems and in turn better protect Canadians," she said in an email.

"In this case, this exercise specifically dealt with the threat from phishing which is increasingly being used as an attack vehicle of choice by cybercriminals.

"As this project progresses, we are pleased that the effectiveness of this campaign is showing significant improvement." THE CANADIAN PRESS

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Iraq. Sunni militants capture border crossings

Sunni militants on Sunday captured two border crossings, one along the frontier with Jordan and the other with Syria, security and military officials said.

The fall dealt Iraq's embattled Shiite prime minister a further blow and brought the war to the doorstep of Jordan, a key ally of the United States that also borders embattled Syria to its north.

The blitz by the Islamic State of Iraq and the Levant in Iraq's vast western desert take the al-Qaida-breakaway group closer to its dream of carving out a purist Islamic state straddling both Syria and Iraq.

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Grow op-portunity thwarted by recent federal court order

Pot predicament. Lack of local dispensaries and new rules that prohibit home-grows lead young man to buy off the street

JEREMY NOLAIS
Metro in Calgary

After suffering a stroke, it took 10 months for a south Calgary man to find a doctor willing to prescribe him marijuana.

And now, he says a lack of local dispensaries and new federal rules that prohibit homegrows have forced him to veer from the legal system and buy it on the street.

Health Canada aimed to criminalize home marijuana grows by April 1. A court injunction has prevented such measures from being fully implemented for the time being.

Still, many marijuana users say they've trashed their plants. A handful of entrepreneurs have plans for commercial growing facilities in rural Alberta, but no suppliers have been established to date.

Bob, 20, whom Metro agreed not to fully identify, orders eight to nine grams per month at $6-per-gram from a Vancouver-based supplier. It's cheaper than on the street, but he says the hassle of getting a prescription from doctors and the wait time for his shipment has led him to turn to illegal suppliers.

"(Doctors) were prescribing me OxyContin, Percocet and all these other drugs so quick," he says. "Then, when it comes to marijuana, they're all beating around the bush."

Health Canada has not agreed to an interview on the federal marijuana changes despite requests made by Metro over a period of months. They have instead issued statements clarifying that the drug is not formerly approved for use because it hasn't "gone through the necessary rigorous scientific trials for efficacy or safety."

John, a Calgary cancer survivor and marijuana user, is seen with his supply of the drug. He said the marijuana being commercially grown and shipped around Canada is "garbage" compared to what he had hoped to grow in his own backyard greenhouse. BRYAN WEISMILLER/METRO IN CALGARY

The courts, however, have required the federal body to provide "reasonable access" to marijuana.

But John, a Calgary cancer survivor, who Metro also agreed not to fully name, says the commercial product also lacks the same quality.

"It's kind of a joke," said John, who routinely smokes marijuana and has tried his hand at infusing the drug into muffins and butters.

The Alberta Law Enforcement Response Teams have supported the move away from home marijuana growing, citing public safety.

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Keep calm and carry on buying a home

HOW TO ROLL
Alison Griffiths
metronews.ca

Just when you thought home prices couldn't possibly go higher, they have. The housing market is officially going crazy ... again. Having just posted the best May on record, up seven per cent on average nationally since last May, real estate continues to be the best investment ever. Of course, that's only for those who got in before the torrid price moves of the last couple of years, particularly in hot markets such as Toronto, Vancouver and Calgary.

Doomsayers around the globe have long been predicting a collapse of Canadian home prices. Just before Christmas, Deutsche Bank, a fairly sober institution, hysterically stated that home-sweet-home prices in the Great White North were overvalued by 60 per cent.

Proclamations like that get everyone jumpy, but none of them more so than those who purchased recently or are in the process of doing so. Real estate anxiety is understandable since a home purchase is invariably our single largest investment.

If you are fearful of being shut out of the market or hoping to cash in on price climbs ahead, buying now is probably not a good idea. Behavioural economics tell us that the retail investor (whether purchasing real estate or stocks) tends to get both manic and scared in the face of soaring prices. Those emotions propel us to make impetuous decisions.

Emotional investing also causes us to abandon normal due diligence. Eliminating standard conditional clauses such as a home inspection or financing can make an offer more appealing. But doing so adds considerable risk to the investment.

On the other hand, the impact of purchasing in an inflated market is usually ameliorated by time. The longer the time frame, the less the effect on the investment, whether it is a rental or a primary residence.

We all want to buy low and sell high. But predicting future prices is a mug's game. If the investment of your life is affordable now, and after factoring in inflation and higher interest rates in the future, time will smooth out the downturns to come.

It's hot and it's cold

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WHY YOU AREN'T LOOKING AT CATS RIGHT NOW

URBAN COMPASS

Matt Elliott
toronto@metronews.ca

Mayoral candidate Olivia Chow has a plan to improve Toronto's municipal elections. She wants to make them shorter. Instead of allowing candidates to register in January for an October vote, Chow says she'd push the registration date back to July.

It's an appealing idea. After a bevy of byelections and a full provincial election, I think the Toronto electorate is feeling pretty burnt out. And besides, there's good precedent for making elections shorter. In Vancouver, they wrap up their local races after about six weeks of campaigning — and they seem to be doing okay.

But as much as I want to end my column here by writing, "Great idea, let's do it," and then maybe devote the rest of this space to hilarious pictures of cats, I can't.

I can't because Chow's proposal feels like only half a plan. It fixes something people are frustrated with, but it doesn't do anything to address the important issue of electoral fairness, where incumbent candidates and candidates with name recognition enjoy a huge advantage over other candidates.

In fact, it's likely a shorter campaign period would only increase those inherent advantages. As it is, the length of our campaign period at least gives low-profile candidates a chance to establish themselves.

It was the long campaign that helped David Miller go from little-known city councillor to victor in 2003, and this year's drawn-out election period has helped dark horse candidates like David Soknacki and Ari Goldkind get on the radar.

That doesn't mean we should just stick with the status quo. But a shorter campaign period needs to come with consideration of further electoral reforms.

Vancouver, for example, gets away with a shorter campaign period because they have political parties at the municipal level. That changes the way elections are run: It's less about individual name recognition and more about the party brand.

There's also campaign finance reform. Instead of Toronto's current system, where people who donate to campaigns get part of that donation back through a rebate, look to a model like New York City, where candidates receive public matching funds for every dollar they raise up to a set limit, making true grassroots candidacies a lot more viable.

And we need to continue to push for voting reforms. I'll never shut up about the need for ranked ballots until Toronto finally gets them. Eliminating this notion of "strategic voting" would give less-established candidates a chance to earn votes.

With reforms like these, a shorter campaign period becomes possible — maybe even preferable. But without a full debate about making our elections more balanced, simply cutting the length of Toronto's municipal elections is an idea that shouldn't fly. Fairness has got to come first.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

ZOOM

He's not just an ugly face

Peanut, a two-year-old mutt, "smiles" after winning the World's Ugliest Dog Contest, at the Sonoma-Marin Fair, in Petaluma, Calif. GEORGE NIKITIN/THE ASSOCIATED PRESS

Bulging eyes + big heart = winner

Meet Peanut, a sweet, energetic mutt, whose wild white and brown hair, bulging eyes and protruding teeth helped him clinch the title of World's Ugliest Dog in Petaluma, Calif. over the weekend.

Although Peanut is healthy now, he was seriously burned as a puppy, resulting in bald patches all over his body.

THE ASSOCIATED PRESS

Homely champ to raise awareness

His owner, Holly Chandler of Greenville, N.C., hopes Peanut's victory will help raise awareness about animal abuse.

"We're trying to use him as a poster child for what can happen to animals who are abused," she said.

She plans to use the $1,500 prize to pay for other animals' veterinary bills.

THE ASSOCIATED PRESS

Top-dog winning combo

- The dogs are scored by a three-judge panel in several categories, including special or unusual attributes, personality and natural ugliness.
- Past winners include a duck-footed beagle, a boxer-basset hound mix with a waddle, a Chinese crested and chihuahua mix with a protruding tongue and a chihuahua with a missing eye and a camel's back.

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In this issue, you can find AR enhancements on page 11 in Scene and page 20 in Sports

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Storm chasing in South Dakota

ANDREW FIFIELD
andrew.fifield@metronews.ca

Last week was a rough one, tornado-wise, including in our own country, with a twister touching down in Angus, Ont. that damaged several homes.

But this South Dakota storm system captured by a vehicle full of adrenalin junkies last week takes the cake. Several bright white vortices twist and dance around one another, wreaking havoc on anything in their path — including a farm that gets torn to pieces around the three-minute mark. (TVNWeather/YouTube)

THE CANADIAN PRESS FILE

metro

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Want to hear the stripper-inspired White Lilies? Scan the photo with your Metro News app to listen to the song!

High on life and in a Haze

Rap. Angel Haze sits down to discuss strippers, sexuality, polygamy and why women are better to date ... oh, and she talks about her music, too

RICHARD PECKETT
Metro World News in London

22-year-old rap phenom Angel Haze is ready to move on from her past. CONTRIBUTED

Rapper Angel Haze is making the media as excitedly fidgety as a room of schoolboys who've stumbled upon a top-shelf mag. She's dating a girl. And she's a celebrity. It's Ireland Baldwin, the daughter of Kim Basinger and Alec Baldwin, which would make the "best of girl-on-girl lovers" lists in the tabloids, if such a thing existed.

Haze — real name Raykeea Angel Wilson — is happy for the press to have a field day with it. She's in a good place right now and is keen to move on from divulging the details of a frankly dismal childhood, when she was a victim of rape at the hands of so-called family friends. The 22-year-old Detroit native says she's ready for some "fun" with her next album, due out this summer, called Troubled Child.

Unlike her well-received but weak-on-sales debut album Dirty Gold, this one won't be leaked. Haze, who is on a Mary Jane high, talks strippers, sexuality and social media.

You've been teasing the press and public with images of you and Ireland Baldwin on social media. But before we get to that, why did you make a track on your debut album Dirty Gold about a different girl ... a stripper?
Oh my god, the girl from (music track) White Lilies. She's beautiful!

What made her so special?
She's beautiful. I was obviously wasted and I wanted to experiment and learn things. I think at the time it was interesting to meet someone and not know anything about them or the stripper life, which you hear a lot of people talking about it, but you don't really know about it until you experience it.

In terms of your own life, the lyrics from your EP and Dirty Gold seem to be quite cathartic. Have you moved on from that stage in your life now?
Yeah, definitely. I didn't realize that until I was doing some interviews early this morning, and I was completely exhausted by talking about my past. I was like an 18-year-old girl who had no clue that the world was paying attention and I was just making music because it was cathartic and a release for me and none of the other stuff mattered. Obviously it doesn't mean anything to me anymore, so talking about it is like beating a dead horse. Now all of the other stuff matters: I've decided to have fun and I'm appreciative where I've landed in my life.

Your music connects with, amongst others, troubled young children. Do you see yourself as a role model?
I don't feel like a role model because that means I would do everything that I knew was right and I'm like a f—k-up.

Are you more 'real' and tangible?
Yeah, definitely but lots of people would disagree. Some people would think I was a whore or something — my friend over here is like 'uh huh' (laughs). It's cooler to just be real about it — it's not a fairy-tale life.

Do you feel like you're changing rap's attitude toward sexuality?
Oh, because I'm like openly queer or whatever? I suppose so, but I don't think people get it still. ... But I think I have female privilege because no one takes it seriously when it comes down to me. They're like, 'She's bisexual.' It will take someone bigger to change rap's attitude, but not me.

Are you a clingy kind of girl when it comes to relationships?
Nooo, I'm the entire opposite: I'm what people refer to as a 'thot.' I don't really do committed relationships, ever. It's insane if you find me in one. I'm usually very open ... a polygamist.

Who's better to date: girls or boys, and why?
I think girls are better than guys, but that's just me.

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Ebooks

Dear Luke, We Need To Talk, Darth

By. John Moe

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MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

This collection of humorous memos, letters and text messages imagine the off-screen interactions of our favourite movie characters, where the shark from Jaws keeps a therapy diary and the Walking Dead zombies commiserate together online. Clever logos and fonts complete the inventive gags for Don Draper's self-reflecting cocktail recipes and an exasperated court-ordered letter from Dora the Explorer's mom.

Game of Thrones

Upcoming season to be strongest yet: co-creators

Some Game of Thrones fans are wondering if the show's next season might lack a little punch. But show co-creators David Benioff and Dan Weiss tell Entertainment Weekly: "Now that we're nearly finished with the first drafts of each episode, we see no reason why the coming season shouldn't be the strongest yet." THE CANADIAN PRESS

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Find Mr. West to direct you to little North

STARGAZING
Malene Arpe
scene@metronews.ca

Kim Kardashian and Kanye West threw a big birthday party for their daughter North West, who turned one. Regrettably, some of the guests got lost due to the directions on the invite: "For North West go south-south-east, then south, look for Mr. West who will guide you to little North. P.S.: If the party goes south, look for exits marked 'This way away from North West.'"

Taylor Swift has reportedly dumped Selena Gomez as a friend because she's tired of hearing about her problems with Justin Bieber. Despite Taylor's best efforts, she hasn't even been able to write a song about it.

Harrison Ford will spend a long time recovering from an ankle injury sustained on the set of Star Wars VII. It will be eight weeks with normal hospital treatment and bed rest, two weeks if he can be convinced to have his leg frozen in carbonite.

Fewer movies, more family time for Megan Fox

Megan Fox ALL PHOTOS GETTY IMAGES

Now that Megan Fox has a two-year-old and a four-month-old at home to think about, she's kind of souring on the whole show business thing.

"I've never been an extraordinarily ambitious girl or career-oriented, but especially once I got pregnant with my first son and now (having) my second, it's so hard to be a working mom especially when your heart is not in your work, when your heart is with your family," she tells Parents magazine, explaining that for now, she's looking to work only as much as is necessary.

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With all 'I do' respect, keep your own financial identity

Couple's money. The best route to a strong marriage is to work as a team, but keep your accounts separate

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

The strongest couples are those who can stand on their own two feet financially, our columnist says. ISTOCK

It's not unusual for two people who are *very* different in how they see and manage money to hook up before they've talked about those differences. Then instead of just being a tool, money becomes something they fight about.

I meet people all the time who want to beat me up because I advocate financial independence within couples. "C'mon, Gail, marriage means you have to be a team." "Yeah, it's about trust." "Just because you've been divorced three times doesn't mean we're all headed that way."

Y'know what? They're all right. Every one of them has a point. But nothing they've said has changed my mind. I believe with all my heart that to be strong as a couple, you each have to be capable of standing on your own two feet financially.

Planning a family?

Being on the same team means you're going to set your goals together and help each other meet those goals. If one of those goals is to have a family, then together you have to decide how you will provide care and money to take care of that family. If one of you decides to stay home, that doesn't mean the money-maker gets to make all the decisions about how the money gets spent or abdicate home-care responsibilities. But so often, that's exactly what happens.

It also often happens that the non-working partner ties themselves completely to their mate financially. They share a bank account; there are no individual accounts. They share credit. One may even give up his or her financial identity completely. It isn't healthy. And many a divorcee or widow comes to regret it.

Being financially independent isn't a precursor to or acknowledgement of the fact that your relationship will end unhappily. To be good for each other and strong together, you each need to be taking care of the money — individually and as a team — and you each need your own financial identity.

You must each be clear about what you need, want, and expect from your relationship.

And it can't just be clear in one person's mind. You have to talk about it, negotiate the grey areas, and come to a happy place where you're each getting some of what you want.

Stay-at-home partner

For those couples who have one stay-at-home partner, it is important that person have their own bank account, credit card and savings; yes, accounts in his or her own name. Sure, you're a team, but all that teamwork doesn't do you the least bit of good if the working partner leaves the other partner with no financial identity. Don't confuse having money with having a financial identity; they are not the same thing. Besides, why should the stay-at-home partner be any less financially sound in their own right if you've agreed on this strategy for your family?

A bank account will create a record of money management. Savings will not only help you prepare for the future, it will signal the right financial behaviour. And a credit card — not a joint card or a supplemental card — will create a credit history.

Don't think that because you're both signed on the mortgage or on a line of credit together your credit histories are being built equally. That's a common misconception. Typically the credit history is reported only for the first signature on the application, so one of you may have no credit history whatsoever. Divorce or death is a tough enough thing to deal with; finding out you're a financial non-person doesn't make it any easier.

Getting back into the loop

So what if your partner has been out of the loop and now needs to get with the financial program? Having a jointly created plan on paper gives you a starting point for discussing how you're managing the money. While you want your mate to have a sense of the big picture, a detailed budget will help him or her see how all the pieces fit together. Your aim is to share your joint financial responsibilities even as you manage your personal financial identities.

Assuming responsibility for your own financial independence is scary for some people. That idea of independence makes some people want to duck and hide behind words like love and trust and honour and team. But independence doesn't negate any of those things. It enhances them because each day you're choosing to be together, not defaulting to togetherness because you're trapped.

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i'm lovin' it

Hoisin sauce makes meat sub sublime

This recipe makes six servings. ROSE REISMAN

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

How often do we drive to a sub shop and grab a variety of these tasty foot-long sandwiches? They're inexpensive, quick to buy and incredibly tasty. But if you lift up the bread you usually won't find the healthiest mix of ingredients. Preserved, nitrate-filled deli meats and loads of mayonnaise or "secret" sauce on a heavy, non-nutritious roll. Not exactly a healthy choice. A regular meatball 6-inch sub has around 500 calories, 20 gm of fat and over 1,000 mg of sodium.

Make ahead

Make the meatballs and stir-fry early in the day. Gently reheat the meatballs in a 300 F oven for 10 minutes, reheat the stir-fry and assemble.

My hoisin meatball sub comes to the rescue with about half those numbers, making it a much healthier choice. These homemade hoisin meatballs are made with lean beef, freshly sautéed onions, mushrooms and red peppers, and are served on a whole wheat bun with a tasty hoisin sauce drizzled over top. This is not only delicious, but will save you those excess calories, fat and sodium.

Serve this for lunch or a casual dinner with a side salad.

Ingredients

Sauce mixture
- 1/4 cup low-sodium soy sauce
- 1/4 cup hoisin sauce
- 2 tsp chopped garlic
- 2 tsp chopped ginger
- 5 tsp sesame oil
- 5 tsp rice vinegar

Meatballs
- 1 lb lean ground beef
- 1/4 cup unseasoned dry bread crumbs
- 1/4 cup chopped green onions
- 3 tbsp chopped fresh cilantro or parsley
- 1 tsp minced ginger
- 1 tsp minced garlic
- 1 egg

Vegetables
- 1 1/2 cups sliced onions
- 2 cups chopped mushrooms
- 1 1/2 cups sliced red bell pepper

Submarine buns
- Six 4-inch whole wheat submarine buns sliced in half

Garnish
- 1 tsp toasted sesame seeds

Directions

1. Combine the soy sauce and hoisin sauce, garlic, ginger, sesame oil and vinegar. Set aside.

2. Combine the beef, bread crumbs, onions, cilantro, 2 tbsp of the hoisin sauce, ginger, garlic and egg until well combined.

3. Make into small 1-inch balls (about 36). Brush with some of the remaining hoisin sauce. Bake at 400 F for 12 minutes or just until cooked.

4. Sauté the onions in a nonstick skillet sprayed with vegetable oil until tender. Add the mushrooms and sauté until soft; add the bell peppers and sauté until tender. Add 3 tbsp of the sauce.

5. Toast the submarine buns. Divide the meatballs overtop the buns and add the sautéed vegetables. Drizzle remaining sauce mixture overtop and garnish with the sesame seeds.

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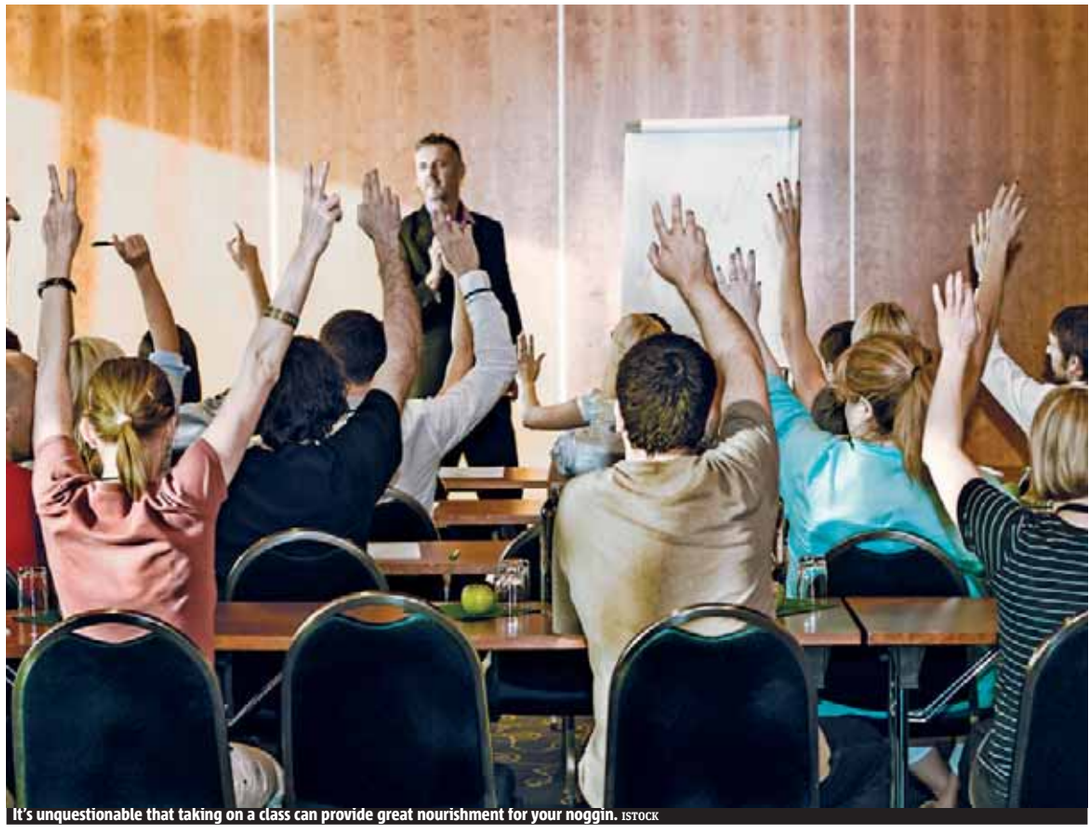
Learning as long as you're living may be the best course of action

Class is in session ... again. Startup founder takes 30 classes in 30 days to encourage perpetual education

LAKSHMI GANDHI
Metro World News


It's unquestionable that taking on a class can provide great nourishment for your noggin. ISTOCK

Over 1.5 million college students graduated this year, packing away their books and embarking on their life adventure in the real world.

A recent study by the Jenkins Group reveals that nearly half of the class of 2014 will never read a book again. Chad Lovell wants to change that. Lovell is the co-founder of AllClasses.com, a search engine that lists available classes all over the world. Lovell is currently taking 30 classes in 30 days in order to encourage life-long learning. We recently caught up with Lovell as he was heading home from a busy afternoon at class.

How was class today? What did you end up taking?
I took a class on day trading stocks and trading options. I've done a little trading on my own, so I was a little skeptical going in (about whether I would learn much). But we were talking about stuff we can do and all of the different options. I'm learning new stuff all of the time. Every class I go to, I tell people what I'm doing and they say, 'That's awesome.'

How did you pick the classes you would take over the course of the month?
I wanted it to be something that benefits me and that would add value to my business. Half of the classes are concentrated on professional development. I'm also taking classes for my personal benefit. I started power lifting and working on core strength last year, and I'm taking a pole fitness class, which is interesting because I'm often the only guy there.

How did you to come up with the idea for the 30 in 30 Learning Challenge?
I've always been an intellectually inclined person. The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind.

The human race

"The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind."

Chad Lovell
Co-founder of AllClasses.com

What have you learned personally while doing the project?
Learning is invigorating. It is a bit exhausting running a company and taking all of these classes at the same time, but I am trying to show people that it is possible and that it's important to invest in yourself.

Your company AllClasses lists all sorts of courses and learning opportunities. What are the topics people seem to be interested in the most?
It's all across the board. We have 3,000 different topics that people search for. Coding classes and programs like Javascript are popular. Our users are also really interested in marketing classes.

What's the best reason to take a class?
No one likes to be boring. … It makes you more interesting. I'm taking a CPR certification class too, and that could potentially save a life.

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'Round the world wisdom

Changing your future can change your present

LESSONS FROM THE DESERT
Stéfan Danis
life@metronews.ca

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Have you ever noticed how looking at a future holiday in your calendar can completely shift your mindset in the present? A look forward unlocks our imagination and sets a plan in motion, resulting in new actions and a refreshed state of mind. Why not do the same with our careers, our relationships, or our lives? If the life trajectory we are on is no longer inspiring or nourishing, the good news is that by inserting a challenging project in our future, the present will immediately shift and our trajectory will forever be changed. Not only will our lives be altered when we reach the completion of the project — revealing new avenues that are hidden from us at present — more important, the project will change the present, too.

For example, when I signed up to run the Gobi desert, the training helped me build my level of resilience which in turn shifted how I related to the 2009 recession. Before, the recession had been an event to survive. Through the Gobi, it became an opportunity to thrive.

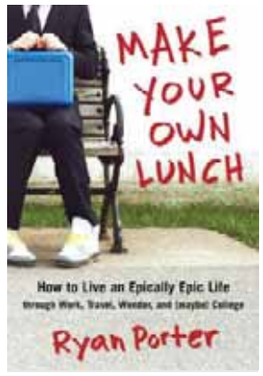
Completing the race itself resulted in two unforeseen gifts: I wrote a book called Gobi Runner detailing the journey, and then started sharing the Gobi story on the speaker's circuit. While neither of these developments was planned, my day-to-day life was forever changed.

Most of us decide to change the course of our lives only when something goes wrong. Why wait? Taking on new challenges can be uncomfortable, but it is possibly the most effective way to instead give ourselves a future to step into today.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

Cut that out: Success is about making decisions

Food for thought. Author Ryan Porter believes he has the recipe for making young people's dreams come true



In his new edibly themed book Make Your Own Lunch, author and inspiration speaker Ryan Porter aims to empower and guide young people as they search for their answer to the age-old question: "What do you want to be when you grow up?"

In this excerpt he explains why the key to achieving any dream is making a decision:

"So not only am I an incredible battle rapper and karaoke singer. I also know a bunch of pointless information.

Like this: Did you know the word decide comes from the Latin word *decidere*? And did you know that *decidere* literally means "to cut off"? No? I don't blame you. But it does. Really. Look it up in the dictionary ...

When you truly make a decision, you cut off every other option until you have achieved whatever it is that you decided to do. If there is something you want to have, then decide to have it. If there is something you want to do, then decide to do it. If there is somewhere you want to go, then decide to go there. And if there is something you want to be, then decide to be it.

Is that four-hour Xbox marathon bringing you closer? Nope? Cut it (not literally — electrocution is no joke). Another episode of Teen Mom? Really? Is that really bringing you toward the things you want? No? Cut it.

The difference between rich and poor, excitement and boredom, and success and failure is decision. I can't type it enough times: Decision is the only way anyone has accomplished anything, ever. So instead of sitting there waiting for luck, destiny, or fate to deliver a gift basket to your front door, filled with money, Cherry Coke, cheese wheels, your dream job, and a private jet, decide to get it yourself.

You have the most incredible superpower (other than Wolverine's retracting adamantium claws, of course) to do whatever you want. That superpower is decision."

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Life lessons of the rich and famous

Said the stars. The best career advice from 2014's celebrity commencement speeches

LAKSHMI GANDHI
Metro World News

As graduation season winds down, we thought we'd share the best pieces of career advice we've heard from recent speeches given by celebrities. Here, in no particular order, are some of the highlights.

Mindy Kaling GETTY IMAGES

Barbara Walters GETTY IMAGES

Shonda Rhimes

The creator of hit shows Scandal and Grey's Anatomy urged Dartmouth grads to focus on doing rather than dreaming:

So, Lesson One, I guess is: Ditch the dream and be a doer, not a dreamer. Maybe you know exactly what it is you dream of being, or maybe you're paralyzed because you have no idea what your passion is. The truth is, it doesn't matter. You don't have to know.

You just have to keep moving forward. You just have to keep doing something, seizing the next opportunity, staying open to trying something new. It doesn't have to fit your vision of the perfect job or the perfect life. Perfect is boring, and dreams are not real. Just … do.

So you think, 'I wish I could travel.' Great. Sell your crappy car, buy a ticket to Bangkok, and go. Right now. I'm serious.

You want to be a writer? A writer is someone who writes every day, so start writing. You don't have a job? Get one. Any job. Don't sit at home waiting for the magical opportunity.

Barbara Walters

While receiving a lifetime achievement award from the Fred Friendly First Amendment Award committee at Quinnipiac University, the recently-retired Barbara Walters shared these tips for living a fulfilling life. While this isn't from a commencement speech, we loved this advice so much we had to include it:

1) There has to be something you have to do, most important something you *want* to do.

2) You have to have someone to love, and to love you, not necessarily a family. Sometimes it's just friends. I don't have a big family. I have one child. I would be lost without my friends.

3) You have to have spirituality of some sort. I don't mean that it has to be religion. It can be ethics. It can be a philosophy.

4) You have to have strength of purpose in mind.

Tory Burch

The fashion designer focused on the lessons she learned from building her company in her address at Babson College:

Being an entrepreneur isn't just a job title, and it isn't just about starting a company. It's a state of mind.

It's about seeing connections others can't, seizing opportunities others won't and forging new directions that others haven't. It's about being entrepreneurial wherever you are and in whatever you do.

It's about having the courage to give in to passion for an idea that makes your heart race. If it doesn't scare you, you're probably not dreaming big enough.

Mindy Kaling

Addressing Harvard Law School grads on their Class Day, the sitcom star's joke-filled speech turned serious for a moment.

According to motherjones.com, Kaling urged graduates to "be the kind of people (who) give advice to celebrities, not the other way around." She continued: "You are entering a profession where no matter how bad the crime, or the criminal, you have to defend the alleged perpetrator. That's incredible to me."

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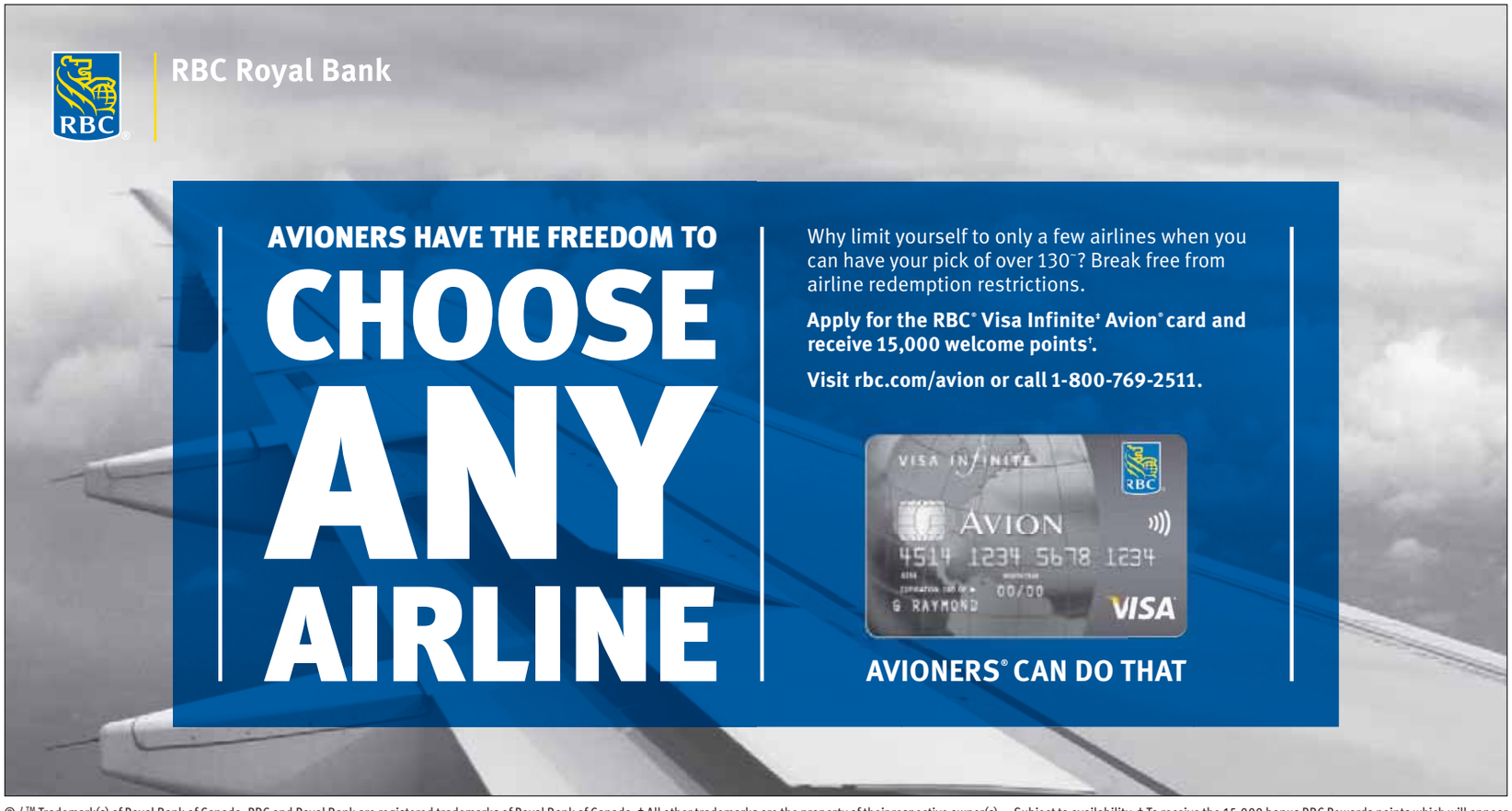
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Research loyalty programs to optimize your points

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Who doesn't love getting what you want — when you get it faster? Finding the right loyalty program — one that gets you the rewards you want — can be complicated, especially when credit cards are factored in.

Whether you are looking for a new card or just curious to see how your current credit card stacks up, it can be difficult and time consuming to get an apples-to-apples comparison of what is available from various providers and how well they might work for you. While selecting a program still requires you to do a little research, a free, online tool is here to help. Compareloyaltyprograms.ca enables Canadians to assess which loyalty programs and affiliated credit cards might get them to their desired reward fastest.

"It's all about the reward. Take a step back and consider what you're looking for — whether it's cash back, merchandise or flights — and then research which programs and cards could get you there faster," say Susan Misner and Laura McDonald, founders of Golden Girl Finance, a site offering financial education in a modern, engaging way to encourage everyone to play a more active role in their finances.

"Where you live, your shopping habits and spending patterns mean that there isn't one program that fits all, so a tool like Compareloyaltyprograms.ca really offers a new perspective."

CONTRIBUTED

REWARDS ARE A PERK BEST SERVED FAST

Flights, merchandise or cash equivalent rewards: it doesn't matter what type of reward you're working towards, you likely want it faster, according to a new poll by Environics Research Group. Results show that earning rewards faster (42 per cent) and having more opportunities to earn loyalty points (40 per cent) are priorities for Canadians in their loyalty programs.

Even with speed being top of mind, comparing programs based on time to reward has been difficult to do before now.

"The Environics research has shown that credit cards can play an important part in earning rewards faster: double-dipping, or using a loyalty program card and paying with an affiliated credit card, offers the fastest time to reward," say Misner and McDonald. "And don't forget: a program that gets you to your rewards faster is one that will keep you happy."

CONFUSION CAN MEAN MISSED REWARDS

Navigating the loyalty program landscape in Canada can be challenging with so many programs and opinions to sort through. According to the Environics poll, the majority of consumers who participate in loyalty programs believe that they can be confusing (almost six in 10 Canadians). Of those, three-quarters (76 per cent) say they are less likely to use a loyalty program if they are confused by how it works — meaning many of us are simply missing out on rewards.

Sources of confusion include not knowing how to redeem points or miles for a reward (39 per cent), not knowing which program is best for them personally (37 per cent) and not knowing how or where to earn reward points or miles (24 per cent).

With a tool such as Compareloyaltyprograms.ca on your side, you have a unique, level comparison of the top loyalty programs and affiliated credit cards in Canada.

Answer a few simple questions based on your preferences, location and personal spending habits and up to three loyalty programs will be suggested as possible matches for you.

From there, it's up to you to select the right program for you.

Commissioned by COLLOQUY, a LoyaltyOne Research Group, Environics Research Group developed a methodology and online comparison tool that allows consumers to determine which rewards programs get them to the rewards they want as quickly as possible, based on their individual shopping patterns, program features and attributes. COLLOQUY has also provided financial compensation to Golden Girl Finance for promotion of the research and online tool.

LOYALTY PROGRAM TIPS

IF YOU CHOOSE TO USE YOUR CREDIT CARD TO PAY FOR YOUR PURCHASES AND EARN LOYALTY PROGRAM POINTS, A FEW TIPS CAN HELP YOU MAXIMIZE THAT SPENDING AND GET YOU TO YOUR REWARD FASTER:

USE COMPARELOYALTYPROGRAMS.CA: It can help you research reward programs and affiliated credit card options to get you to your reward sooner.

USE CREDIT CARDS RESPONSIBLY: Spend responsibly and be sure to read the fine print on any credit card you shortlist — if you are not paying off the balance every month or if the annual fee is high, you are not going to be rewarding yourself.

RESEARCH YOUR OPTIONS AND UNDERSTAND WHAT YOU'RE SIGNING UP FOR: Do your own research — do not assume others' opinions about certain cards or programs are 'right' for you.

DOUBLE-DIP: You will maximize earnings by using your credit card with the corresponding loyalty program where possible — that means shopping at program-affiliated stores and paying with the affiliated credit card. Earning rewards points this way adds up faster than you might think.

FOCUS ON YOUR FAVOURITES: Focus your spending on one or two loyalty programs — targeting your earning on just one or two programs will ensure you reap the most rewards, whether it's flights, cash back or merchandise.

SPORTS 4

Scan the image with the Metro News app for additional photos from Sunday's games

Hard-pressed, but Belgium advances

Another late win.
Rookie Divock Origi saves the day in the 88th minute

Belgium's Eden Hazard, left, is challenged by Russia's Dmitry Kombarov during the group H World Cup soccer match between Belgium and Russia at the Maracana Stadium in Rio de Janeiro Sunday. CHRISTOPHE ENA/THE ASSOCIATED PRESS

Twice now, Belgium has relied on a late revival boosted by stamina and its bench to turn desperate situations around at the World Cup. On Sunday, it was teenager Divock Origi who turned a listless Belgian performance into a late 1-0 win over Russia, enough to qualify for the next round.

Belgium barely contained a reinvigorated Russia for most of the match, yet struck with a blistering late spurt of class and opportunism to turn a bad situation into a wild, fist-pumping celebration for coach Marc Wilmots and his team in the 88th minute.

"Why were we good in last 10 minutes? Simple — the others were tired," said Wilmots. "The Russians were so tired they looked at their feet, and it offered us chances to counter."

After its dour 1-1 draw with South Korea, Russia produced the kind of sparkle and dominance that had been more expected from Belgium in front of 73,819 increasingly restless fans at Maracana stadium.

With Belgian King Philippe looking on, substitute Kevin Mirallas hit a free kick against the post in the 84th minute, setting off the amazing turnaround. At first it appeared as if late flashes from Eden Hazard would only camouflage a dismal performance.

But then the playmaker made a move into the area on the left and spotted Origi free in the centre. A pinpoint pass from Hazard and a cool right-foot finishing from the 19-year-old Origi gave Belgium the victory.

"Nobody could have thought this possible," said Origi, who was only called into the squad because No. 1 striker Christian Benteke injured his Achilles in April. Most of Belgium barely knew of the talented young player developing quickly for Lille in the French league.

Belgium didn't play with any real authority for most of the game on a sunny afternoon in Rio, confounding predictions that it should be one of the teams to watch at the World Cup.

Instead, it was Russia that applied most pressure in the second half and was let down by its blunt finishing touch. That helped give Belgian goalkeeper Thibaut Courtois his 100th professional clean sheet at age 22.

THE ASSOCIATED PRESS

Group H

Belgium	Russia
1	0

Group G

Portugal clings to draw with U.S.

Varela headed in an equalizer in injury time to salvage a 2-2 draw for Portugal against the United States at the World Cup on Sunday.

Cristiano Ronaldo swung in a cross from the right and Varela thumped a header into the net to keep Portugal alive in the tournament.

Clint Dempsey had given the U.S. the lead when he used his stomach to direct the ball into the net from a cross by Graham Zusi in the 81st minute.Jermaine Jones had equalized for the Americans earlier in the second half, after Nani gave Portugal an early lead.

A win would have put the U.S. in the second round. The Americans need a draw against Germany in the next game.

THE ASSOCIATED PRESS

Group H

Algeria gets first win since 1982

First half strikes by Islam Slimani and Rafik Halliche helped Algeria to beat South Korea 4-2 on Sunday and become the first African team to score four goals in a World Cup match.

Algeria led 3-0 at halftime, but withstood a stronger South Korean second half performance to claim its first World Cup win since 1982 and move into second place in Group H with one match left to play.

Defeat for South Korea means it must now beat already-qualified Belgium to stand a chance of progressing to the knockout stages. THE ASSOCIATED PRESS

Jays flying low after getting hosed on road

Jose Bautista cools off in the dugout during the Blue Jays' 4-3 loss to the Reds on Sunday in Cincinnati. JOE ROBBINS/GETTY IMAGES

MLB. Bautista, Lawrie leave game with injuries as Toronto loses its 5th straight series

The Toronto Blue Jays went limping home from their long, losing road trip.

The struggling AL East leaders lost infielder Brett Lawrie and right-fielder Jose Bautista with injuries and fell to the Cincinnati Reds 4-3 Sunday.

Toronto was 3-7 on its visit to Baltimore, Yankee Stadium and Cincinnati.

Lawrie, twice hit in the left hand by pitches earlier in the week, sustained a broken right index finger when he was hit by a pitch from Johnny Cueto in the second inning. The team didn't immediately announce how long he would be out.

"It's definitely tough," said Lawrie, who said he expects to be placed on the disabled list. "We're big pieces of the puzzle, especially (Bautista). It's tough on the team to not have all its bullets. We just have to keep on grinding."

Bautista left because of tightness in his left hamstring, manager John Gibbon said. The All-Star outfielder had a single and a sacrifice bunt before leaving.

Cueto pitched eight effective innings and Todd Frazier broke a 2-all tie in the fifth with a two-run homer off R.A. Dickey (6-6).

Toronto has lost five of six, and has dropped five straight series.

Cueto (7-5) gave up three runs — one earned — and leads the NL with a 1.86 ERA. He gave up seven hits and struck out eight.

Edwin Encarnacion led off the Toronto eighth with his 24th home run.

THE ASSOCIATED PRESS

Argos

Veteran receiver among final cuts

The Toronto Argonauts have released 14 players, including veteran receiver Romby Bryant.

Bryant missed much of last season after being injured in a pre-season game against Montreal at Varsity Stadium. He was limited to eight receptions for 91 yards and two touchdowns.

Bryant's best season was with Calgary in 2010, when he had 78 receptions for 1,170 yards and 15 touchdowns. Over parts of six CFL seasons with Winnipeg, Calgary and Toronto, Bryant has 304 receptions for 4,557 yards and 33 touchdowns.

Other players released are: Receivers Tore Corrado, J.D. Falslev, Evan Pszczonak and K.J. Stroud; offensive linemen Kirby Fletcher and Thomas Griffiths; defensive linemen Dexter Davis and Padric Scott; defensive backs Alonzo Lawrence and Andre Martin; linebacker Eddie lackey; long snapper Michael Benson; and kicker/punter Josh Jasper.

THE CANADIAN PRESS

Women's Open

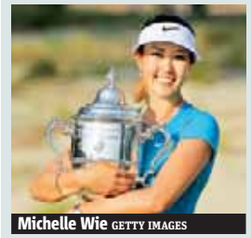
Michelle Wie wins first major

Michelle Wie bounced back from a late mistake at Pinehurst No. 2 to bury a 25-foot birdie putt on the 17th hole. That sent the 24-year-old from Hawaii to her first major championship Sunday in the U.S. Women's Open.

She closed with an even-par 70 for a two-shot victory over Stacy Lewis, the No. 1 player in women's golf who made Wie work for it by making eight birdies in a round of 66.

Sixteen-year-old Brooke Henderson of Smiths Falls, Ont., shot a 69 in the final round to finish in a tie for 10th place.

THE ASSOCIATED PRESS



Michelle Wie GETTY IMAGES

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   9 Fields Sparrow Way #201, North York, ON., M2H 3B6
2. **F840 - MOHAMED NAAMAN**
   30 Eppleworth Rd #106, Toronto, ON., M1K 3G9
3. **B154 - TYSON IZZARD**
   34 Richmond Pk Blvd, Scarborough, ON., M1V 3B6
4. **F935 - GODFREY A DOUGLAS**
   39 Pixley Crest, Scarborough,ON., M1E 3G5
5. **C322 - BRENDALYN NEEDHAM**
   1614 Aratham Court, Pickering, ON., L1X 2B9
6. **C302 - KIMORHA ROBERTSON**
   3330 Weston Rd #117, Toronto, ON., M9M 2V5
7. **E796 - VESNA RADO**
   304 Yonge St #202, Toronto, ON., M5B 1R4
8. **E723 - VESNA RADO**
   304 Yonge St #202 Toronto, ON., M5B 1R4

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Horoscopes

♈ Aries
March 21 - April 20
This will be one of those weeks when, if you sit back and relax, spend quality time with friends and just generally let things happen, life will be perfect in every possible way.

♉ Taurus
April 21 - May 21
Friends and relatives will do what you ask if you ask nicely. Also, if there is something you know they desire and you are in a position to get it for them then go for it.

♊ Gemini
May 22 - June 21
This is potentially one of the best days of the year for you as Venus moves into your birth sign. Good things will come at you from all directions, which may be overwhelming.

♋ Cancer
June 22 - July 23
No matter how bad your current situation might appear to be, don't make an issue of it. Something positive is about to happen in your life but to make the most of it you must be positive too.

♌ Leo
July 24 - Aug. 23
Friendships are under excellent stars today, so if you are bored with your home life or your work seek out people who make you feel glad to be alive.

♍ Virgo
Aug. 24 - Sept. 23
Venus, planet of harmony, crosses the career angle of your chart today, so you should find it a whole lot easier to get your way with people in positions of power. By the end of the day they will be eating out of your hand.

♎ Libra
Sept. 24 - Oct. 23
You will be in an adventurous mood and that's good because the planets suggest if you go where you have never been before you will meet someone who lights up your life.

♏ Scorpio
Oct. 24 - Nov. 22
You may be a bit touchy where money and possessions are concerned but the planets indicate you have precious little to worry about, so lighten up and believe that it will all come right in the end.

♐ Sagittarius
Nov. 23 - Dec. 21
Everyone seems to be singing your praises but your number one priority should be helping someone else feel special. A loved one is feeling a bit neglected, so go out of your way to spend time with them.

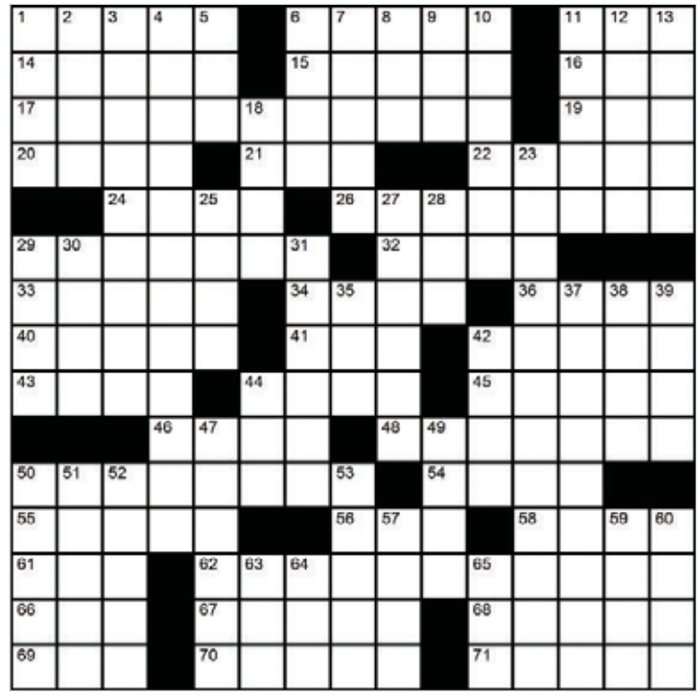
♑ Capricorn
Dec. 22 - Jan. 20
Try not to make too much of a fuss if someone with whom you live, work or do business makes a mess of what they do today. Make allowances and make sure, if it's important, you do it yourself next time.

♒ Aquarius
Jan. 21 - Feb. 19
Venus, planet of harmony, moves into the most creative area of your chart today, so it's unlikely you will want to be too serious about, well, just about anything.

♓ Pisces
Feb. 20 - March 20
You may not agree with what a friend or family member is going to do but they have made up their mind about it so you might as well give them your support. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Modern day witchcraft
6. "I shall never see _ __ lovely as..." - Joyce Kilmer
11. Guys
14. __ __ water
15. Greek holiday island
16. Chopper
17. Muskokas locale of the Bethune Memorial House National Historic Site of Canada
19. __-d'Or, QC
20. Not all
21. Li'l political title
22. Beatles: "_ __"
24. __-dieu (Praying furniture piece)
26. Edmonton: __-__, The Live Improvised Soap Opera
29. Toronto attraction, Ontario __ Centre
32. "More after!", texting-style
33. Wear away
34. __ Ness Monster
36. Recipe meas.
40. Paul McCartney's "___ Was Lonely"
41. "Nope."
42. Type of healing technique
43. "___ miracle!"
44. Split
45. Actor Alan
46. Actress Teri
48. Kate Middleton's title
50. Loonie's competition: acr. + wd.
54. Josh Groban's "You Raise __": 2 wds.
55. Russian pancake
56. Dawn goddess
58. Actress Ms. Thompson
61. Deplete
62. Vintage bathroom feature: 2 wds.
66. Toronto summer hrs.
67. Ancient myth's blood
68. Tea type
69. Napoleonic†Wars marshal
70. Turkish city
71. Tambourine, e.g.

Down
1. Mannequin manes
2. Small obi accessory
3. Edmonton nickname, 'The City of __'
4. Kind of horse-drawn transport at Remington Carriage Museum in Cardston, AB: 2 wds.
5. Consumed
6. Tooth complaint
7. Hammer
8. Ex-Bruin Bobby
9. Carmela's portrayer on "The Sopranos"
...her initials-sharers
10. Fletcher Christian's uprising
11. Singer Ms. Staples
12. Glorify
13. Ms. Furtado
18. Itsy-bitsy bit of a min.
23. Toronto-born actor grandfather (b.1883-d.1950) of actress Anjelica: 2 wds.
25. Bellybutton type
27. Scratched
28. Ordinal suffix
29. Quasi
30. 'Pluto' suffix (Rich ruler)
31. Alberta village, 'The Friendly Community'
35. Paddle
37. Cycling routes: 2 wds.
38. Water __ (Summertime gear)
39. Brooches
42. Track event
44. Li'l old MTV show
47. Singer Ms. Keys
49. "__, __, are you ready?" (Er, like, hurry up!)
50. Kelly Clarkson's "Since _ __ Gone"
51. England's "Run Runaway" band
52. Simple song
53. Took trophy back
57. Canadian cellist Ms. Harnoy
59. Couple
60. "Two guys walk into _ __..."
63. Math fractions acronym
64. '80s group
65. Sash

Friday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		4	5				
	1		7				2	3
		4	8			7		
						2	6	1
3				6				7
2	7	6						
		9			5	1		
8	5				7		4	
				4	9		5	

Friday's Sudoku

1	4	8	3	2	6	5	7	9
7	6	3	5	9	8	2	4	1
2	9	5	1	7	4	3	8	6
4	3	2	7	6	1	8	9	5
9	1	6	8	5	3	4	2	7
5	8	7	9	4	2	6	1	3
6	5	1	4	8	9	7	3	2
3	7	4	2	1	5	9	6	8
8	2	9	6	3	7	1	5	4

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